

SPEEDOMEETING 2026: Session: 3: COACH evaluation sheet for TEAM: SHARK

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Wouters Maxim HEADCOACH

Coaches: Feyten Anne

Coaches: Bierinckx Kris

Coaches: Dierckx Davy

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 14: 200M MEDLEY WOMEN 10-9					Heat:2, starttime: 14:10
Heat: 2/2 Lane : 7 Athlete: VAN GORP FéLINE					Q-time: 99:99:99
PB (50m pool): 03:53.65 SportinGenk Park 06/04/2026					PB (25m pool): no time SB: 03:53.65 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:54.73	01:51.81	03:06.46	03:53.65	
	00:54.73	00:57.08	01:14.65	00:47.19	
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:5, starttime: 14:30
Heat: 5/24 Lane : 6 Athlete: LAMBRECHTS JADE					Q-time: 03:36:09
PB (50m pool): no time					PB (25m pool): 03:22.32 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:15, starttime: 15:10
Heat: 15/24 Lane : 8 Athlete: VAN LOMMEL ANTHE					Q-time: 02:57:03
PB (50m pool): 02:57.25 Wezenberg 01/02/2026					PB (25m pool): 02:57.03 SB: 02:57.25 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.72	01:25.41	02:16.35	02:57.25	
	00:38.72	00:46.69	00:50.94	00:40.90	
					

Coach feedback:

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Event number: 15: 200M MEDLEY WOMEN 11+					Heat:18, starttime: 15:20
Heat: 18/24 Lane : 5 Athlete: DIERCKX FEMKE					Q-time: 02:47:17
PB (50m pool): 02:55.00 Aalst 28/06/2025					PB (25m pool): 02:47.17 SB: 02:56.76 Olympic Pool Wezenberg, Antwer 29
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.98	01:23.48	02:15.83	02:55.00	
	00:36.98	00:46.50	00:52.35	00:39.17	
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:21, starttime: 15:30
Heat: 21/24 Lane : 8 Athlete: ERTVELDT KLAARTJE					Q-time: 02:41:78
PB (50m pool): 02:49.99 Antwerpen 14/07/2024					PB (25m pool): 02:41.47 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:49.99	
	no time				
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:23, starttime: 15:35
Heat: 23/24 Lane : 6 Athlete: MERTENS HELENA					Q-time: 02:34:70
PB (50m pool): 02:35.98 Aalst 28/06/2025					PB (25m pool): 02:31.78 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.39	01:12.53	01:59.73	02:35.98	
	00:33.39	00:39.14	00:47.20	00:36.25	
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:23, starttime: 15:35
Heat: 23/24 Lane : 8 Athlete: BIERINCKX MIE					Q-time: 02:35:13
PB (50m pool): 02:42.02 Antwerp 26/01/2025					PB (25m pool): 02:35.13 SB: 02:43.89 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.33	01:20.26	02:05.15	02:42.02	
	00:37.33	00:42.93	00:44.89	00:36.87	
					

Coach feedback:

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Event number: 15: 200M MEDLEY WOMEN 11+					Heat:24, starttime: 15:40
Heat: 24/24 Lane : 6 Athlete: BOVEN AXELLE					Q-time: 02:28:32
PB (50m pool): 02:31.72 Antwerpen 22/03/2026					PB (25m pool): 02:28.32 SB: 02:31.72 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.87	01:12.71	01:56.51	02:31.72	
	00:31.87	00:40.84	00:43.80	00:35.21	
					

Coach feedback:

Event number: 15: 200M MEDLEY WOMEN 11+					Heat:24, starttime: 15:40
Heat: 24/24 Lane : 8 Athlete: BELLENS LORE					Q-time: 02:32:09
PB (50m pool): 02:37.96 Wezenberg 01/02/2026					PB (25m pool): 02:32.09 SB: 02:37.96 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.86	01:15.21	02:01.12	02:37.96	
	00:32.86	00:42.35	00:45.91	00:36.84	
					

Coach feedback:

Event number: 17: 400M FREESTYLE MEN 11+							Heat:2, starttime: 16:10	
Heat: 2/10 Lane : 5 Athlete: FEYEN AEDEN							Q-time: 05:20:71	
PB (50m pool): 05:28.40 Wezenberg 01/02/2026				PB (25m pool): 05:20.71 SB: 05:28.40 Wezenberg 01/02/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:34.25	01:14.84	01:56.47	02:39.53	03:21.57	04:04.73	04:48.60	05:28.40
	00:34.25	00:40.59	00:41.63	00:43.06	00:42.04	00:43.16	00:43.87	00:39.80
								

Coach feedback:

Event number: 17: 400M FREESTYLE MEN 11+							Heat:5, starttime: 16:25	
Heat: 5/10 Lane : 5 Athlete: VAN GORP TUUR							Q-time: 04:56:88	
PB (50m pool): 05:00.66 Wezenberg 01/02/2026				PB (25m pool): 04:56.88 SB: 05:00.66 Wezenberg 01/02/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:32.78	01:09.69	01:48.35	02:26.71	03:05.08	03:44.29	04:22.69	05:00.66
	00:32.78	00:36.91	00:38.66	00:38.36	00:38.37	00:39.21	00:38.40	00:37.97
								

Coach feedback:

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Event number: 17: 400M FREESTYLE MEN 11+							Heat:5, starttime: 16:25	
Heat: 5/10 Lane : 7 Athlete: MERTENS DIETER							Q-time: 05:05:09	
PB (50m pool): 05:05.09 Antwerpen 20/07/2025								

Coach feedback:

Event number: 17: 400M FREESTYLE MEN 11+							Heat:6, starttime: 16:35	
Heat: 6/10 Lane : 7 Athlete: BERTELS QUILLAN							Q-time: 04:54:40	
PB (50m pool): 04:50.83 ANTWERPEN 23/07/2023								

Coach feedback: